



KIDS FOR YAH

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FEAST OF UNLEAVENED BREAD

Well, kids, it's that time of year again! We are getting closer to the Feast of Unleavened Bread. It's the time of year that we give our houses a good cleaning to get rid of all the items that contain leaven, since we are not allowed to eat leavened food for seven days.

We read in Exodus 12:19-20, "Seven days there shall be no leaven found in your houses; for whoever eats what is leavened, that person shall be cut off from the congregation of Israel, whether he is an alien or a native of the land. You shall not eat anything leavened; in all your dwellings you shall eat unleavened bread."

Also in Leviticus 23: 6 we find, "Then on the fifteenth day of the same month there is the Feast of Unleavened Bread to Yahweh; for seven days you shall eat unleavened bread."

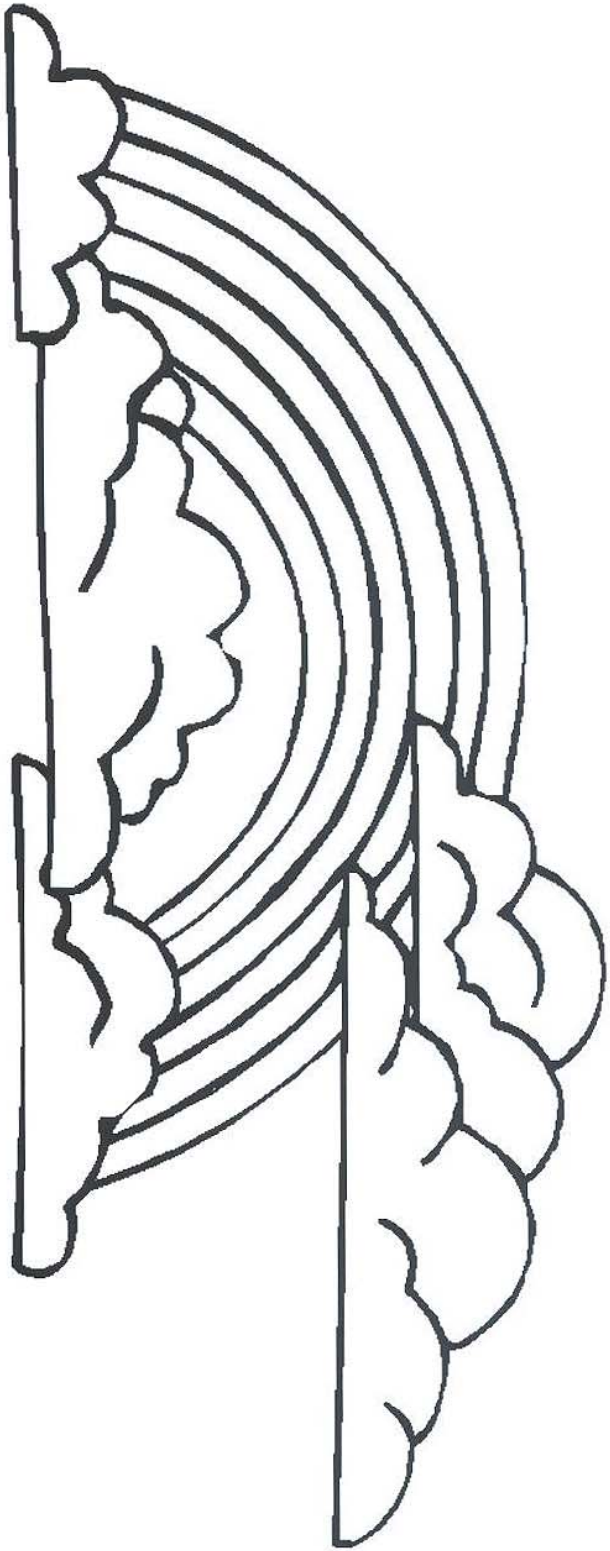
Unleavened bread is made without adding leavening agents to it, like yeast or baking soda. This prevents the bread from rising, therefore keeping the bread flat and not as soft. We find many foods at the store that have leavening in them, so we must read labels and be careful when shopping. We must also be careful when we eat at restaurants, especially fast food restaurants. Hamburger buns, hotdog buns, sandwiches, breaded chicken or fish, flour tortillas, and even croutons and crackers on salads are to be avoided. Also we must avoid desserts like cakes and most cookies.

There are still many foods that we can eat during the Feast of Unleavened Bread. For instance, fruits and vegetables, most cereals, corn tortillas, dairy products, pasta, rice, non-breaded fish or chicken, along with unleavened bread and unleavened crackers (like most varieties of Triscuits; be sure to check labels) are fine to eat. There are many more items that are alright to eat too. Ask your parents for more information. Let us enjoy the Feast!

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"Give me understanding, and I shall keep thy law; yea, I shall observe it with my wholeheart."
Psalms 119:34



I do set my bow in the clouds, and it shall be for a token of a covenant between me and the earth.

Old Testament ~ Genesis 9:13

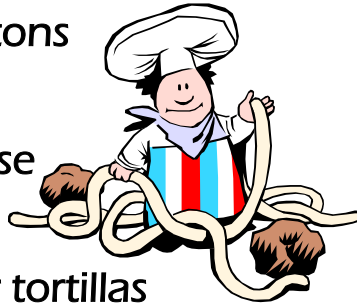
CIRCLE THE FOODS YOU CAN EAT DURING THE FEAST OF UNLEAVENED BREAD



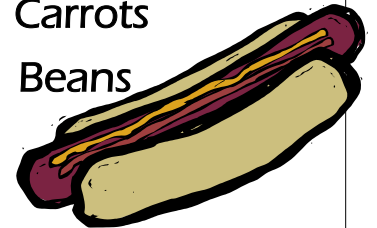
- Grapes
- Milk
- Hamburger buns
- Pasta
- Lettuce
- Unleavened bread
- Soft, puffy breads



- Bananas
- Croutons
- Peas
- Cheese
- Rice
- Flour tortillas
- Hotdog buns



- Most cereals
- Ice cream
- Tomatoes
- Broccoli
- Corn tortillas
- Carrots
- Beans



FILL IN THE BLANKS

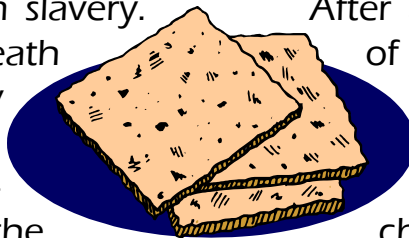
“Seven days there shall be no _____ found in your _____; for whoever eats what is _____ that person shall be cut off from the congregation of Israel whether he is an _____ or a _____ of the land. You shall not _____ anything _____; in all your _____ you shall eat _____ bread.” (Exodus 12:19-20)

“Then on the _____ day of the same month there is the _____ of _____ bread to Yahweh; for _____ days you shall _____ unleavened _____.” (Leviticus 23:6)

WHY DID THE ISRAELITES EAT UNLEAVENED BREAD?

A long time ago the Israelites were slaves in the land of Egypt. Yahweh chose Moses to deliver them from slavery.

the one that caused the death Egyptians were extremely Israelites because they upon their land. The Israel- their bread did not have the



Israelites baked the yeast-free dough. Without the yeast the bread was hard and flat.

After a series of plagues, especially of their firstborn children, the determined to be rid of the feared more plagues coming ites left Egypt so quickly that chance to rise. In the desert the

Without the yeast the bread was hard and flat.

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YAHWEH'S NEWYEAR

While most of the world believes a new year begins in the winter on January 1st, Yahweh's new year begins in the spring when flowers start blooming and crops start growing. Yahweh's first month is called Abib and begins either in March or April. Spring is also known to be a rainy season in many parts of the world, which means many of us can expect thunderstorms and cloudy skies, and children won't be able to play outside very often! But soon summer will be here and many outdoor adventures await you.



Spring

WHO DID THAT?

Draw a line from the names listed on the left to the correct items on the right.

Moses

Noah

Sarah

Esther

Pharaoh

Peter

Denied Yahshua three times

Refused to let the Israelites go

Saved her people from the evil Haman

Was chosen to lead the slaves out of Egypt

Had a baby in her old age

Built an ark

