

Sisters for Yah

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Inside this issue:

Changing Course	1
Do you know your...?	2
Inspirational Poetry!	3
Recipes	4

Changing Course

Most of us have probably heard variations of the following humorous story:

It was a foggy night and the captain of a large ship saw what appeared to be another ship's lights approaching in the distance. This other "ship" was obviously on a course that would mean a head-on collision. The captain immediately signaled, "Please change your course 10 degrees west!"

The reply came blinking back through the fog, "You change your course 10 degrees east!"

Angrily, the captain attempted to pull rank. He shot back another message stating, "I am a sea captain with 35 years of experience. Change your course 10 degrees west immediately!"

Without hesitation, the signal flashed back, "I am a seaman, fourth class. You change your course 10 degrees east!"

Enraged, the captain realized they were rapidly approaching each other. So he blazed his final warning, "I am a 50,000 ton freighter. Change your course 10 degrees west!"

A simple message winked back, "I am a lighthouse. You change your course!"

Like the sea captain, sometimes we may need to change course when confronted with the truth. That's what happens when we study Yahweh's Word. In it we find eternal truth. Yahweh's Word doesn't change, we need to adjust our lives to walk in that truth.

So many people avoid the Bible because they are afraid of making a commitment to Yahweh's high standards for His children! Don't avoid confronting anything thing you may need to change in your life. Your eternal reward is worth it!



Do you know your enemy?

A powerful military leader once said that the best way to defeat your enemy, is to know your enemy. He meant, of course, that by observation, one would eventually see what weaknesses one's enemy possesses, and could eventually use those weaknesses against him to eventually cause his defeat. But in Ephesians 6:12, we read, "For our struggle is not against flesh and blood." We know that satan the devil wants nothing more than to destroy Yahweh's people. Satan is truly the real enemy that we must overcome.

Sadly, a lot of jokes picture marriage as a battlefield. A popular magazine once stated that "marriage is the only war where you sleep with the enemy." Every married couple needs to understand the following biblical principle:

Your mate is not your enemy.

Try to picture your marriage as two people joined together in a foxhole, united in battle against a common enemy. Take a good look at your foxhole. Are you fighting the enemy or each other? It seems like the most common reason for marital struggles involves one or both spouses wanting their own way and being unwilling to let go of it. No marriage will ever work unless both parties give up their selfish desires and yield to the other. Women have a special command to submit to their husbands. However, husbands don't get off easy. They are expected to really *love* their wives.

I have heard so many couples resort to immature behavior. The husband will say, "I can't love her until she submits to me." Then the wife will retort, "I won't submit to him until he loves me." Do you see the vicious cycles these couples are submitting to? Someone has to make the first move towards doing the right thing, whether or not he or she is in the right or wrong.

I've heard it said, "Make the most of the best, and the least of the worst." This kind of reminds me of what the Apostle Paul meant when he said that he learned to be content in all situations. After years of marriage people forget the things that made them fall in love with their spouse in the first place. Keep in mind that satan knows our weaknesses and will no doubt take advantage of them. Pray that Yahweh would make you aware of the true battle and enemy you face each day, and how much better it is to fight a battle with your spouse at your side.

Here's a practical test to discover if you view your mate as an enemy or as a fellow "soldier." Do you focus on the negative in your mate or on the positive? I knew one lady that constantly complained about her husband throwing his laundry on the floor. Yet, she somehow conveniently forgot what a loving person he was to her and the children and what a great provider he was. This lady had bad habits, too, yet, her husband never focused on those things. He told her every single day that he loved her!

Remember that when you declare war on your mate, you might be ultimately opposing Yahweh Himself! Don't reject the person that He provided to complete you and to meet your needs. Make a commitment today to be the husband or wife that Yahweh intended. You can do it with Yahweh's help!





Yahweh Hath Not Promised

Yahweh hath not promised skies always blue
Flower-strewn pathways all our lives through

Yahweh hath not promised sun without rain
Joy without sorrow, peace without pain

But Yahweh hath promised strength for the day
Rest for the labor, light for the way

Grace for the trials, help from above
Unfailing sympathy, undying love

(Author unknown, submitted anonymously)

Time to Pray

I got up early one morning and rushed right into the day.
I had so much to accomplish that I didn't have time to
pray.

Problems just tumbled about me and heavier came each
task.

“Why doesn't Yahweh help me,” I wondered. He said,
“You didn't ask.”

I wanted to see joy and beauty but the day toiled on, gray
and bleak;

I wondered why Yahweh didn't show me. He said, “You
didn't seek.”

I tried to come into His presence; I used all the keys in the
lock.

Yahweh gently and lovingly chided, “My child, you didn't
knock.”

I woke up early this morning and paused before entering
the day.

I had so much to accomplish that I had to take time to
pray.

(Author unknown, submitted anonymously)



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Slow Cooker Peanut Butter Hot Chocolate Drink

1 cup powdered chocolate milk
mix or cocoa mix
8 cups hot water
3/4 chocolate syrup
1/4 cup peanut butter
1 1/2 t. vanilla extract

Add first 3 ingredients in your slow cooker. Cook on low for two hours. Whisk in peanut butter and vanilla till smooth. Ladle into mugs. Serves 9.



A neat twist on corn chowder!

Nothing is more soothing on a cold day than a steaming hot bowl of soup. If you like corn chowder, give the following a try:

Tuna Corn Chowder:

1 can 14 ounce chicken or vegetable broth
1 1/2 cups water
1 cup diced potatoes, with skin on
2 cans albacore tuna, 5 ounces each, drained and flaked
1/2 cup onions
1/2 cup carrots
1/2 cup celery
1/2 cup corn kernels
1/2 t. dried basil
1/4 t. dried thyme
1/2 cup milk, or a substitute such as almond milk
1 T. fresh parsley

Simmer potatoes in broth and water for 15 minutes. Add rest of ingredients, except milk and parsley, and continue to simmer for 10 more minutes or until vegetables are tender to your liking. Stir in milk just before serving and garnish with the parsley. Serve with your favorite crackers or bread.

