

Sisters for Yah

June 2011



Volume 5, Issue 6

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Disillusioned and Depressed?

By now, almost everyone has probably heard that certain preachers were preaching a doomsday message and/or so-called rapture for May 21, 2011. Well, as we all know, nothing spectacular occurred on that date and the world continues on as it has always done. Listening to various world reports from around the world, I've learned that many people have become disillusioned and depressed because they were expecting something very different to occur. What a sad situation! Some people have even given up their religious beliefs altogether because of the disappointment and letdown they felt when nothing happened on May 21st.

I often wonder, when will people learn? Why do they get caught up in these things? You would think that people would stop trying to calculate the date for the end of the world. But no, some are simply trying to "re-calculate" their dates!

Life is full of disappointments, but sometimes people bring on their own disappointments by putting their trust in mortal man. If only they would believe Yahshua's own words that no human being knows when the end will occur. I suppose it is easy to fall into the "end-of-the-world"

trap. People are suffering, and are tired of it. Wanting relief is a natural response to hardship and adversity. These people get swept away by promises of an end to all the troubles of the world. We know the end is certainly coming, but not in the way most of the world thinks. Setting a date for the end of the world is impossible. But we can watch world events and see that we are indeed getting closer. Things are heating up in the Middle East considerably just within the last few years. Those events could definitely be the start of earth's birth pangs. Ultimately, only Yahweh knows when it will all come about. So let's stay close to His Word and trust Him to bring it all to a close.



Fruit of the Spirit

Most of us are familiar with Galatians 5:22-23, which lists the fruit of the Spirit. Believers are expected to grow in these areas, and acquire the attributes associated with the fruit of the Spirit. Which ones do you struggle with? Pray daily for help in these areas.

Love: Are you trying to show love to everyone, including people you don't get along with? We are told to even pray for our enemies.

Joy: Do you feel joy even when things are not going perfectly for you? We are to count it all joy when we fall into various trials.

Peace: Are you striving to live at peace with everyone. Do you have the peace that passes all understanding?

Longsuffering (patience): How patient are you, really? Do you get frustrated with things beyond your control?

Gentleness: Are you gentle with your family members or harsh and critical? Remember a soft answer can turn away wrath!

Goodness: Do you allow goodness to permeate your life, or do you find yourself succumbing to bad habits and negative traits? It behooves us all to remove anything that is not of Yahweh's Spirit!

Faith: Do you really believe everything the Bible says? Or have doubts crept in? Confess any tendency toward disbelief!

Meekness: Meekness does not mean "weakness." How humble are you?

Temperance (self-control): Have you brought all your thoughts into captivity? Or do you allow unclean thoughts to creep in? Unclean thoughts can lead to unclean actions. Take charge and have self control!

Speaking of Fruit...

Try the following fruit salad:

2 drained 11 ounce cans of mandarin oranges

2 drained 15 ounce cans of fruit cocktail

1 cup chopped walnuts

2 cups miniature kosher marshmallows (can be found in some health food stores). Can also be omitted entirely from recipe and substitute 2 cups sliced bananas instead.

2 cups flaked coconut

1 8 ounce container of sour cream.

Mix all and enjoy!



Silent Store Gift Boxes

Sisters, we will once again be doing a fundraiser at the Feast of Tabernacles! Funds raised are used to further Yahweh's Work! This year our fundraiser will be a silent store gift box. Volunteers are filling 10 inch boxes with fun and useful goodies and everyone will be able to bid on one or more of their choice. How will this work? Each gift box will have a number on it, and if you want to participate in the silent store, you can by getting a number, and now is when the fun starts.

Each gift box will start at a certain price (e.g., \$15.00) and there will be a piece of paper by each gift box with the number on it. If you are interested in that particular box, write down the price you are willing to donate, then put your number down on the paper. If someone else wants the same gift box you are bidding on, they will write down a higher price and their number. To raise the price, it should be done in dollar amounts. This can change often if people want a certain gift box and they keep going higher and higher. The sale will run from 9 A.M to 8 P.M for one day only. At the end of the sale, the highest amount will mean that person donates the final amount and the gift box is theirs.

Do you want to help fill a box or donate towards one? Contact Jan Meyer for details and let's have fun with this! How much should one spend to fill a gift box? Ten dollars or less is suggested. Size of box is 10 inches long, 6 1/2 inches wide and 4 1/2 inches high. Any suggestions or ideas will be welcomed. Jan Meyer can be contacted at truenames@charter.net.

Here are some ideas for the silent store gift boxes:

Kitchen: dish towel, dish cloth, oven mitt, scrubbie, hot pads, and dish tray for holding a spoon while cooking on the stove.

Men: small flash light, utility knife (like Boy Scout multi-purpose), windshield cleaner for car, work gloves, small tools...

Bathroom: hand soap, shampoo, conditioner, hand lotion (this is where the trial size is fun and reasonable), band aids, cotton balls, small bottles for cuts or something like that, hand towels, wash cloths...

Beverage: cups, tea bags, coffee, hot chocolate, cider mix (individual size), small packets of sugar, paper napkins, spoons, trivet...

Children: small toys (cars, etc.) hand wipes, coloring books and crayons (good time to find items is at the end of summer when things are marked down), ball and jacks...

Music: how about some of the music CD's that YAIY has done.



....See you at the Feast of Tabernacles!

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Are you using your cell phone safely?

Most cell phones come with a tiny piece of paper listing safety recommendations, but most of us never read it! It's important to follow those safety recommendations because some preliminary research is linking cell phone use with certain health concerns. Remember to:

1. Avoid making calls when your signal is weak. More radiation is emitted when a tower has to put out more energy due to a weak signal.
2. Try to carry your phone in your purse rather than near sensitive body parts.
3. Using the speaker or a headset is safer because it keeps radiation farther away from your head.

How Safe is Glass Bakeware?

I use glass bake ware all the time, and I was recently alarmed by a news story stating that glass bakeware can be quite dangerous. According to the Consumer Product Safety Commission, over 12,000 people have been injured by exploding glass baking pans. Experts are recommending the following:

1. Never put glassware on a burner or under a broiler.
2. Don't pour liquid into hot glassware.
3. Don't place dishes directly in the oven from the fridge and vice versa. Allow pan to return to room temperature first.

In addition, they are also recommending the following for safe use:

1. Cool hot glassware on a dry cloth potholder.
2. Always preheat the oven before putting the glass ware in.
3. Add liquid to bottom of the pan before cooking meats.

