

# KIDS FOR YAH

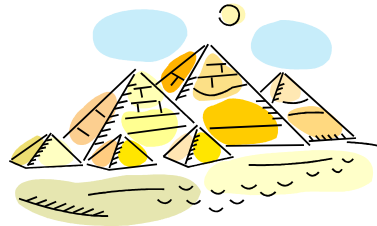
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## Are you ready?

Hey, children! It's almost Yahweh's new year. Are you ready? Soon it will be time to keep Passover and the Feast of Unleavened Bread. You're probably already hearing your parents talk about it. You might even be seeing your mom looking through the kitchen cabinets to find leavening that needs to be either used up or gotten rid of before we keep the spring Holy Days. We cannot eat regular bread, buns, muffins, biscuits, most flour tortillas, croutons, waffles, pancakes, breaded meats and fish and poultry, and most flour tortillas.

If this is your first year keeping the Holy Days, we are commemorating the time long ago, when the Israelite slaves left Egypt in such a hurry that they did not have time to leaven their bread, which is much flatter and harder than regular bread. Leavening causes bread to be soft and fluffy. That is why we eat unleavened bread for seven days to remember the momentous event in which Yahweh saved His people from the evil rule of Pharaoh in the land of Egypt.



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Yahweh saved the Israelites by having them swab lamb's blood on their doors. This way the death angel would "pass over" the house and not harm them. That is why it is called Yahweh's Passover.

In the New Testament, Yahshua became our Passover Lamb. His precious blood saves us. This is why we are still required to keep Passover to also remember Yahshua's loving sacrifice so that we may be saved. May this be a very blessed time for you and your family.

### Inside this issue:

Are you ready?	1
Quick Quiz	2
Word search	3
Unleavened Snacks...	4

*Get rid of the old yeast, so that you may be a new unleavened batch—as you really are. For Messiah, our Passover lamb, has been sacrificed. Therefore let us keep the Festival, not with the old bread leavened with malice and wickedness, but with the unleavened bread of sincerity and truth.*

—1 Corinthians 5:6-8 NIV

# Quick Quiz (Please circle the best answer )

A. In the Old Testament, Yahweh:

1. Left the Israelites in Egypt.
2. Removed them from Egypt and saved them from Pharaoh.
3. Had the Israelites leave Egypt so quickly, they had no time to leaven their bread.
4. Both 1 and 2 are correct.

B. You are at a restaurant during the feast of Unleavened Bread. What is the best option to order below?

1. Breaded chicken, buttered corn, and baked potato.
2. Grilled chicken, side salad without crackers or croutons, and buttered rice.
3. Tuna salad sandwich on regular bread with French fries on the side.
4. Waffles, eggs, and fresh fruit.

C. To save their lives, Yahweh commanded the Israelites to do what?

1. Swab their door posts with blood, so the death angel would Passover them.
2. Hide in caves.
3. Hide in the Nile river.
4. Hide in the Egyptian's homes.

D. In the New Testament, should we still observe Passover?

1. Yes, we commemorate Yahshua's death for us.
2. No, Passover is not kept.
3. Passover is an ordinance forever.
4. Both 1 and 3 are correct..



E. We can eat the following items during Feast of Unleavened Bread:

1. Regular bread, waffles, and regular pancakes.
2. Cake, muffins, and biscuits.
3. Regular cookies.
4. Rice, chicken, beef, and pasta.

## EATING RIGHT DURING THE FEAST OF UNLEAVENED BREAD

There are lots of food you can eat during the Feast of unleavened bread. Below is a short list of items that are fine to eat. See if you can find them.

- Beef M H S V Y F J F M T C C E A N
- Eggs P F B E D D R I I H S G R T Q
- Milk L E Q G G Y L K I S E K H S N
- Vegetables U G W E I K L C D V H N S A Z
- Cheese K G T T N P K E S E E H C P C
- Fish M S D A I E L U C D G D W P A
- Pasta R Q Z B N U S I Z Y Z K H A V
- Chicken Z N R L C M R D S O O U N E E
- Fruit Z Y I E V Y L F P P Z P O T U
- Rice P R O S G C V E H P W B E E F



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## Unleavened snacks for young ones!

Parents, get your youngsters involved! Young believers, please don't try to cook, bake or prepare these without your parents permission and assistance. Have fun!

### Oatmeal bars:

- 1 stick butter, softened
- 1 cup regular oatmeal
- 1/2 cup sugar

Preheat oven to 325 degrees. Blend the above ingredients very well and press into a greased 8 inch square pan. Bake for 30 minutes. Be very careful and remove from oven and cut into 16 squares. Cool completely in pan before eating. Store in airtight container.



### No Bake Apricot Banana Squares:

- 1 T. honey (do not allow children under the age of 2 to eat honey)
- 2/3 cup water
- 2 T. lemon juice
- 2 1/4 cup bananas
- 2 1/4 cup coarsely chopped dried apricots
- 1/3 cup softened butter
- 1/2 cup brown sugar
- 1 1/4 cup corn flakes



Spray 8 inch pan with non-stick spray. Set aside. With mom or dad's help, combine lemon juice, honey, water, apricots, and bananas in a small pan and bring to a boil over medium heat. Simmer 25 minutes. Remove from heat and allow to cool. Melt butter and sugar in a different sauce pan. Mix in corn flakes. Press half of mixture firmly into prepared pan. Spoon the banana apricot mixture over it, then cover with remaining corn flake mixture. Cool completely before cutting into squares.