

Sisters for Yah

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Tribulation will come

It seems that the world's situation is getting worse every day. Even worldly, non-believing people are beginning to take notice! But I really want to stress to our brethren to "let not their hearts be troubled." Remember that no man knows the day or the hour that Messiah will return. Every single generation has believed that Yahshua would return in his or her lifetime.

I am not encouraging anyone to become complacent. I just want to put things in perspective. Don't misunderstand, it's good to keep an eye on world events, but it concerns me when I see brethren panicking over every single thing they see on the nightly news. Some don't even want to leave their houses for fear of something bad happening to them.

Yahshua has warned us these things will occur, but we must put our trust in Yahweh no matter what happens. It is not necessary that you put your life on hold. Just keep Yahweh as the top priority in your life and everything will work out just fine in the end. We have Yahweh's promise.

We know that Satan has persuaded worldly societies to rebel against Yahweh's laws; therefore the character of the rulers of our world are severely flawed. Satan is indeed the ruler of this world currently. But Yahweh has put a hedge around His people to protect them. It does not mean that we won't have daily trials and struggles. But even these are good for us ultimately. Yahweh can use trials in many ways such as to strengthen us and teach us to rely on Him. So, chin up, Brethren! Yahshua has overcome the world.



Do what you can now to prepare yourself for the coming Kingdom. Work on yourself and learn to overcome anything that might prevent you from entering Yahweh's glorious Kingdom. Don't let fear run your life. Yes, the world is getting worse, but Yahweh is still on His throne.

Why Pray Daily to Yahweh?

1. To glorify Him (John 14:13)
2. For victory over temptation (Matt. 26:41, 6:13)
3. To love Yahweh (Matt. 22:37)
4. Fellowship with Messiah (1 Cor. 1:9)
5. We are commanded to pray (1 Thess. 5:17)
6. For conviction (Psalm 139:23-24)
7. Yahweh's fellowship with us (John 4:23)
8. To experience Yahweh's grace (Hebrews 4:15-16)
9. To conform our will to His (Matt. 6:10)
10. To receive Yahweh's blessings (James 4:2)
11. To keep us from sinning (1Sam. 12:23)
12. For fullness of joy (John 16:24)
13. To get closer to Yahweh (James 4:8)
14. To confess (1 John 1:9)
15. For discipleship (Matt. 9:36-37)



Answered prayers and healing

When we are ill, we are told to call for the elders to pray over us, anointing us with oil. It is the responsibility of all involved to have faith in Yahweh's healing. The oil itself that is used for anointing does not cause the healing.

Are all prayers for healing answered immediately? Some are, but other times it is a gradual process.



We know this from the answered prayer of Elijah. He had been praying for rain in 1 Kings 18:42-45. But Elijah's prayer was not answered immediately. Yahweh did not cause a sudden downpour to occur. Instead, Elijah told his servant to go and look, but his servant saw nothing. Seven times he was told to go and look. Finally, the servant reported that he could see a cloud the size of a man's hand. Yes, it did rain—eventually! In this case, Yahweh chose to answer Elijah by divine providence, not by a sudden miracle. Miracles happen instantly, while divine providence is worked out by Yahweh over time. Both ways are used by Yahweh for the ultimate benefit of His people. Let us always trust in Yahweh's will for us.



What you can learn from watching ants!

If you've ever sat and observed ants, you know it can be a fascinating experience. Of course, none of us enjoy when ants invade our homes, but we can learn a lot from their behavior. We can actually find advice about ants in the Bible.

In Proverbs 6:6-8, we read, "Go to the ant, thou sluggard, consider her ways, and be wise: which having no guide, overseer, or ruler, provideth her meat in the summer, and gathereth her food in the harvest."

Then in Proverbs 30:25, we find, "The ants are a people not strong, yet they prepare their food in summer."

So consider the following facts about ants:

1. Ants are goal oriented and diligent.
2. If something stands in the way of an ant, it will find another way around it. Try it! Put an obstacle in their way and see what happens.
3. Ants work together with other ants to accomplish whatever they need to. They actually work in groups, and assign duties to accomplish goals.
4. Ants are industrious despite being lethargic at times.
5. Ants will move objects that are up to 10 times their size!
6. They're very patient.
7. Ants are determined to succeed.
8. Ants are undisturbed by the presence of other creatures. They ignore other species that are bigger than them. You can apply this in daily life. Stop comparing yourself to others.

Learn these lessons well! If you are struggling with something in your life, find a way to overcome it. Never give up. When babies learn to walk, they fall many times. But do they ever stop trying to learn to walk? No, they try again until they are eventually running. We are all trying to overcome the devil, ourselves, and the world. No path leading to the Kingdom is easy.

As a family, pull together. Happy success on accomplishing your goals!



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Nostalgia was:

When any parent could discipline any child, or feed him, or use him to carry groceries, and nobody, not even the child thought anything of it.

When being sent to the principal was nothing compared to the fate that awaited you when you got home.

Being in fear of our lives, but not because of drive-by shootings, drugs, gangs, etc. Disapproval of our parents and grandparents was a much bigger threat!

When they threatened to keep kids back a grade if they failed—and did!

When it was considered a great privilege to be taken out to dinner at a real restaurant with your parents.

My how times have changed!

Learn to Love Lentils

Lentils have been commonly eaten throughout the entire Middle East for thousands of years. Now its time to bring this nutrient-packed legume to your table!

Tuscan Lentil Dip:

2 cups cooked lentils (yellow or red)

1/4 cup olive oil

1/4 cup sundried tomatoes, packed in olive oil, drained and chopped

1 T. drained capers (found in the aisle where they stock olives and pickles)

3 oz. goat cheese

1/4 cup fresh basil leaves.

Place all in a food processor and process until well-combined, but with coarse texture. Serve with veggies, such as carrot and celery sticks.

Versatile Lentil Mix:

3 T. olive oil

1 large yellow onion (2 cups)

4 large carrots, diced (2 cups)

2 cups fresh corn kernels

1 T. minced garlic

1 T. fresh thyme leaves

6 cups cooked lentils

2 cups fresh spinach

Sauté carrots, onion, and corn in the oil for 4 minutes. Add garlic and thyme. Cook two more minutes. Stir in lentils and spinach. Divide into containers and/or zippered bags. Freeze some and keep a couple in the fridge. You can now use this mix any way you like! Try serving it in tortillas or wraps. Other people like to spoon it over a green salad. Some even like to stir some into scrambled eggs. Use your own ideas to create a special, healthy meal.

