

Sisters for Yah

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Be Ye Perfect

Consider the following scripture in Matthew 5: 48, “Be ye perfect, even as your Father which is in heaven is perfect.” If you’re like me, this verse might arouse a bit of anxiety in you. After all, can you think of even one perfect human being? A more accurate application of the verse is to “strive *for* perfection.” Most honest human beings would readily admit that only Yahweh is perfect.

All that Yahweh does is right. He created the universe and all therein, after all. In Genesis 1:31, we find, “And Yahweh saw everything that He had made, and behold, it was very good.” But now the perfect world that Yahweh created no longer exists because of sin. It will, however, be perfect again when Yahweh makes “all things new” (Rev. 21:5).

Take a look at Psalm 19:7, which states, “The law of Yahweh is perfect, converting the soul.” We are so blessed that Yahweh has given us His inspired word. It provides guidance for our every need “that the man of Yahweh may be perfect” (2 Tim 3:17).

We need to stand out from the crowd and be a light of perfection shining forth. It’s actually allowing Yahweh to work His work within us. He is the one perfecting us as we are moved by His Spirit to do His will.

Yahweh’s work is perfect as we find in Deuteronomy 32:4, “He is the Rock, His work is perfect...” Yahweh is still working even now. His works were perfect from the beginning and throughout history. One of Yahweh’s greatest works was sending Yahshua to this earth. Because of Yahweh’s perfect plan, this evil world will pass away and be replaced with what Yahweh intended from the beginning!

Yahweh’s ways may not be our ways, but His ways are always best. In Romans 12:2, we find, “And be not conformed to this world: but be ye transformed by the renewing of your mind....” Yes, indeed our minds need to be renewed on a daily basis. We achieve this by continuous prayer and Bible study. Let us therefore strive for perfection!



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Sometimes we need to sit still

When children are little, they have so much energy that parents need to always remind them to “Sit still!” Well, sometimes Yahweh has to remind us, as adults, to do the same. All too often, believers are so willing to rush ahead of Yahweh without seeking what His will is in a certain matter. But often, even when they do seek Yahweh’s will, they are not willing to wait for His answer. Many have taken it upon themselves to “do Yahweh’s job for Him.”

We need to remember ancient Israel when they were slaves in Egypt. It was many, many years before Yahweh sent Moses to bring them out of captivity. We, too, can feel that we are slaves to certain trials that come up in our lives. Yahweh does not slumber nor sleep and He knows exactly what He is doing in our lives if we trust Him. In Psalm 46:10, we find a simple yet incredible statement, “Be still and know that He is Elohim.” Yes, there are spiritual battles to be fought and races to be run. But there comes a time when we simply must sit still and watch Yahweh work out the major headaches in life for us. It is indeed a great comfort to know that the Creator of the Universe has our best interests in mind. So then, children of Yahweh, sit still!



Feast of Tabernacles Checklist

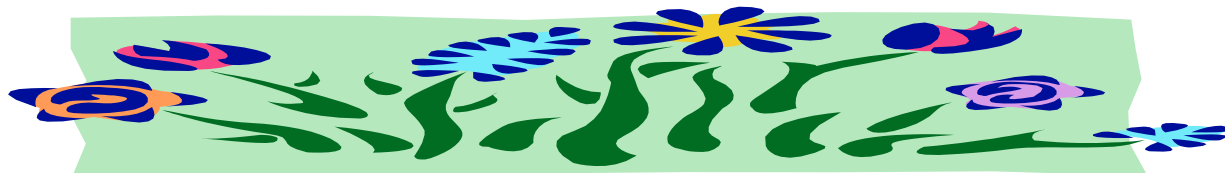
Having kept the Feast for many years, I have found that I always forget to bring something every year! The funny thing is that most of the brethren tell me the same thing! One gentleman forgot to bring dress shoes one year, and had to wear athletic shoes with his suits for services. Another forgot to bring a pillow and had to sleep with lumpy rolled up clothing under his head, as a nearby store was not readily accessible at that particular campground. So here are the most common items left behind when packing for the Feast. Please bring the following:

1. Bed pillows. And possibly a small chair cushion if you want.
2. Toothbrush, toothpaste, and floss.
3. Bedding (sheets and blankets) or sleeping bags.
4. Snacks (in case you arrive late at night, or on a Sabbath and cannot shop until sundown).
5. Medications.
6. Towels and wash cloths.
7. Bibles.
8. Head coverings (for the ladies). Keep in mind (for new believers) that a head covering can be a hat, scarf or shawl (your choice).



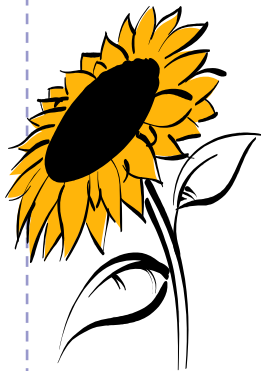
How many of these did you know about?

1. **A sealed envelope**—Put in the freezer for a few hours, then slide a knife under the flap. The envelope can then be resealed.
2. **Use empty toilet paper roll to store appliance cords.** It keeps them neat and you can write on the roll what appliance it belongs to.
3. **For icy doorsteps in freezing temperatures:** mixing a generous amount of Dawn dish soap in warm water and pouring over steps may prevent them from refreezing.
4. **To remove old wax from a glass candle holder,** put it in the freezer for a few hours. Then take the candle holder out and turn it upside down. The wax will fall out.
5. **Crayon marks on walls?** This worked wonderfully! A damp rag, dipped in baking soda. Comes off with little effort (elbow grease that is!)
6. **Permanent marker on appliances/counter tops** (like store receipt blue) rubbing alcohol on paper towel.
7. **Whenever I purchase a box of S.O.S. scrubbing pads,** I immediately take a pair of scissors and cut each pad into halves. After years of having to throw away rusted and unused and smelly pads, I finally decided this would be more economical. Now a box of S.O.S. scrubbing pads last me indefinitely! In fact, I have noticed that the scissors get “sharpened” this way!
8. **Blood stains on clothes?** Not to worry! Just pour a little hydrogen peroxide on a cloth and proceed to wipe off every drop of blood—works every time!
9. **Use vertical strokes when washing windows outside and horizontal for inside windows.** This way you can tell which side has the streaks. Straight vinegar will get outside windows really clean. Don’t wash windows on a sunny day. They will dry too quickly and will probably streak.
10. **Spray a bit of perfume on the light bulb** in any room to create a lovely scent in each room when the light is turned on.
11. **Place fabric softener sheets in dresser drawers** and your clothes will smell freshly washed for weeks to come. You can also do this with towels and linens and even your suitcases.
12. **Candles will last** a lot longer if placed in the freezer for at least 3 hours prior to burning.
13. **To clean artificial flowers,** pour some salt into a paper bag and add the flowers. Shake vigorously as the salt will absorb all the dust and dirt and leave your artificial flowers looking like new!



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Give these good-for-you recipes a try!

Mighty Coffee Cake

In bowl 1, mix the following and let sit 15 minutes:

- 2 T. coarse crushed cereal, of your choice
- 2/3 cup rice milk
- 1 T. apple cider vinegar
- 1 large egg
- 1/3 cup molasses
- 1 t. vanilla



In bowl 2, mix the following:

- 1 1/2 cups whole wheat flour
- 1/3 cup brown sugar
- 1 t. baking powder
- 1/2 t. baking soda
- 1/4 t. each of all spice, nutmeg, and ginger
- 1/2 t. each of cinnamon and salt

Add wet ingredients to dry and mix and stir till combined only. Grease 8 inch pan and pour in ingredients. Bake 25 minutes at 350 degrees or when top is done.

Easy Broccoli with Lemon sauce:

Steam 4 cups broccoli florets till desired tenderness is reached. In the meantime, make a quick sauce by mixing 1 T. cornstarch with 2 T. cold water. Set aside. In saucepan, whisk 1/2 cup water, 2 T. fresh lemon juice, 2 T. Dijon mustard. Add cornstarch mixture and heat and stir till thickened. Toss sauce with the broccoli.

